

Guidelines for Accessibility and Co-Learning with The Posthumanities Hub

At the Posthumanities Hub we follow these access and inclusion guidelines:

1. **Make room, create inclusion and access for people of all backgrounds** (identities, cultures, languages, sexualities, genders, pronouns, health and sickness, abilities, modes of communication) to attend and express themselves fully.
2. **Acknowledge our own non-innocent complicity in society and academic culture, and welcome (our) mistakes as learning opportunities.**
3. As “*response-able*” leaders all of us, **foster conditions for curiosity, creativity, collaboration, critique and careful transversality** across diverse bodyminds

How you can contribute:

1. **Assume the best of others, but make room for mistakes, even your own** – apologise when needed, make room to process dissent and conflicts both collectively and individually.
2. **Act with positive intent and take care of others** – *be a critical friend*: give honest feedback including both positives and negatives.
3. **Let people finish and respect the ideas of others within democratic bounds** – “*respecere*”: look back and reconfirm what you heard.
4. **Be situated, acknowledge where you are coming from** – be aware of your prejudices, the vast unknown of your discipline/training, privileges, behaviour, and the space you occupy.
5. **Work joyfully, not hard** – curiosity, creativity, criticality, and collaboration are our driving modes.

Material and physical accessibility on location at Linköping University

- Linköping’s central station (trains and busses) offers a **disabled car park, accessible entrance** to the waiting room from the railway side, and a **universal toilet**.

- Linköping University at Campus Valla is off-centre, but public transportation offers **low steps, room for walkers and wheelchairs, audio-visual stop announcements, and wheelchair ramps.**
- The TEMA building, at Campus Valla, is equipped with **automatic doors, wheelchair-accessible restrooms** on the ground floor as well as **wheelchair-accessible elevators.** Construction work is common at Campus Valla, which can make mobility harder for wheelchair users.
- Because we have rooms in different floors, finding your way can sometimes be tricky. **Feel free to reach out to us for help with orientation.** An interactive, searchable map for all venues at [Linköping University you find here](#), and for Campus Valla [find a map here!](#)

Somatic and health accessibility

- **We love movement!** Please help us make our events more comfortable by stretching, pacing in the room, stimming, taking deep breaths, sitting on the floor, etc. Others might follow you! There is also a nice green park with sculptures and benches, ponds and birds to visit just outside the back of the TEMA building, and closeness to a large gym (visitors can get free pass for a week if joining a Campushallen-member).
- **Health matters!** We are happy to designate a specific area in seminar rooms for mask wearers and to make sure the air is frequently refreshed to avoid contaminations – or for us menopausal ladies, just some cold fresh air.
- **Crisis ahead?** We are happy to provide you a quiet and comfortable space if you are overwhelmed or overstimulated. What we here call the “rest room” (in Swedish, **vilo-rum**) is in fact a room for rest with a bed, curtains and a door to lock if you need a 15 minutes nap. You find it on the base floor of the TEMA building.

Cognitive and psychological accessibility

- **Automated captions are available on Zoom.** If this is not turned on when you arrive, please remind us to do so.
- **Contribute as you wish (write or speak).** If you don't want to contribute, that's fine. If an organiser calls your name, just say or write 'pass' - no judgment!

- **Bring incomplete thoughts!** Feel free to express yourself in atypical ways (rambling, searching for words, half-developed thoughts, etc.). An argument can develop collectively.